



May 2018 Meal Calendar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	*Highlighted items indicate K3 & K4 entrees.	Biscuits & Gravy w/Sausage Low Fat Cheese Sticks	Whole Wheat Pancakes w/Maple Syrup Fresh Orange Wedges	Ham and Egg Sandwich Turkey Sausage Fruit Cup	Creamy Oatmeal w/Raisins Fresh Orange Wedges
PM	Available daily for lunch: Seasonal fresh fruit, Soup of the Day and Salad Bar	Chicken Fettuccini Alfredo Turkey & Penne Au Gratin Sautéed Vegetables Cauliflower Rice Dinner Rolls	Roasted Chicken Legs BBQ Pork Roast Skin on Mashed Potatoes Sautéed Spinach Dinner Rolls	Carne Asada Chicken Ranchero Mexican Rice Refried Beans Tortillas	Lean Beef Burgers Rotisserie Chicken Sautéed Corn Baked Potato Fries
AM	Ham and Egg Sandwich Turkey Sausage Fruit Cup	Bean and Cheese Tacos w/Sausage Links Flavored Jell-O	Potatoes & Eggs w/Sliced Low Sodium Ham Healthy Chex Mix	Ham & Cheese Frittata w/Turkey Sausage Fruit Cup	Bean & Cheese Tacos w/Sausage Links Vanilla Pudding Family Picnic
PM	Pepperoni & Ham Pizza (Whole Wheat) Chicken Entomatado Roasted Potatoes Buttery Corn Dinner Rolls	Salisbury Steak & Light Gravy Meat Lasagna Sautéed Zucchini Sautéed Green Beans Dinner Rolls	Grilled Chicken Pizzaiola Sliced Pork w/Raisin Sauce Baked Fries Steamed Broccoli Rolls or Sliced Bread	Roasted Chicken Legs(BBQ) Shredded Beef Ropa Vieja Roasted Potatoes Butternut Squash Puree Dinner Rolls	Cheese Tortellini Baked Red Fish Filet Brown Rice w/Peas Sautéed Carrots Sliced Bread
AM	Biscuits & Gravy w/Sausage Frozen Strawberries w/Honey	Whole Wheat French Toast w/Caramelized Bananas Chocolate Pudding	Ham & Cheese Quesadilla w/Breakfast Potatoes Flavored Jell-O	Bean & Cheese Tacos w/Sausage Links Vanilla Pudding	Whole Wheat Pancakes w/Maple Syrup Fresh Orange Wedges
PM	Spaghetti Bolognese Pork Loin & Tomatillo Sauce Sautéed Zucchini Peas & Carrots Dinner Rolls	Lemon Pepper Fish Fillet Turkey & Spinach Patties Roasted Potatoes Buttery Corn Dinner Rolls	BBQ Chicken Thighs Shredded Beef Ropa Vieja Mashed Potatoes Sautéed Green Beans Dinner Rolls	Vegetable & Cheese Pasta Shells Shrimp & Penne al Burro Brown Rice w/Peas Sautéed Carrots Sliced Bread	Seared Chicken Breast Baked Fish w/Lemon Butter Rice Jardiniere Sautéed Spinach Dinner Rolls
AM	Bean & Cheese Tacos w/Sausage Links Fresh Apple Wedges w/Honey	Whole Wheat French Toast w/Bacon Chocolate Pudding	Scrambled Eggs w/Turkey Sausage Flavored Jell-O	Creamy Oatmeal w/Raisins served w/Bacon Fresh Strawberries	Potatoes & Eggs w/Sliced Low Sodium Ham Healthy Chex Mix
PM	Sweet & Sour Chicken Thighs Hoisin Pork Loin Stir Fried Snow Peas Steamed White Rice Sliced Bread	Grilled Chicken Quesadilla Carne Guisada Cilantro Rice Red Beans Dinner Rolls	Ravioli w/Tomato Sauce Chicken Cacciatore Sautéed Zucchini Peas & Carrots Dinner Rolls	Chicken Fajitas Beef Fajitas Mexican Rice Refried Beans Whole Wheat Tortillas	Baked Fish Fillet Fingers Smoked Sausage w/Peppers Brown Rice w/Peas Sautéed Carrots Sliced Bread
AM	Biscuits & Gravy w/Sausage Fresh Apple Wedges w/Honey	Whole Wheat Pancakes w/Maple Syrup Chocolate Pudding	Ham & Egg Sandwich Turkey Sausage Fruit Cup	Creamy Oatmeal w/Raisins Fresh Orange Wedges	Ham & Cheese Frittata Turkey Sausage Fruit Cup
PM	Grilled Cheese Sandwiches Meatloaf Mashed Potatoes Peas & Carrots	Chopped Steak w/Gravy Turkey Casserole Sautéed Spinach Penne Pasta w/Butter Dinner Rolls	Turkey Chili Baked Potatoes Hawaiian Coke Pork Green Bean Casserole Brown Fried Rice Dinner Rolls	Shredded Chicken Taco Ground Beef Taco Shredded Lettuce Cream & Pico Charro Pinto Beans Sautéed Corn w/Bell Peppers	CHEF CHOICE SURPRISE

