



May 2017 Meal Calendar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Ham & Egg Sandwich Turkey Sausage PM: Fruit Cup	Bean & Cheese Tacos Sausage Links PM: Flavored Gelatin	Potatoes & Eggs Sliced Low Sodium Ham PM: Healthy Chex Mix	Ham & Cheese Frittata Turkey Sausage PM: Fruit Cup	Bean & Cheese Tacos Sausage Links PM: Vanilla Pudding
PM	Sweet & Sour Chicken Thighs Hoisin Pork Loin Stir Fry Snow Peas Steamed White Rice Sliced Whole Wheat Bread Seasonal fresh fruit Salad bar/Soup of the day 1	Grilled Chicken Quesadilla Carne Guisada Cilantro Rice Red Beans Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 2	Ravioli w/Tomato Sauce Chicken Cacciatore Sauteed Zucchini Peas and Carrots Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 3	Beef Fajitas Chicken Fajitas Mexican Rice Refried Beans Whole Wheat Tortillas Seasonal fresh fruit Salad bar/Soup of the day 4	Special Cinco de Mayo Lunch Seasonal fresh fruit Salad bar/Soup of the day 5
AM	Biscuits & Gravy Turkey Sausage PM: Strawberries/Honey	Whole Wheat French Toast Caramelized Bananas PM: Chocolate Pudding	Ham & Cheese Quesadillas Breakfast potatoes PM: Flavored Gelatin	Bean & Cheese Tacos Sausage Links PM: Vanilla Pudding	Whole Wheat Pancakes Maple Syrup PM: Fresh Orange Wedges
PM	Italian Meatballs Grilled Chicken Alfredo Whole Wheat Spaghetti Braised Chard w/bacon Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 8	Chicken & Veg. Pot Pie Sliced Roasted Pork Leg Buttery Egg Noodles Sauteed Green Beans Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 9	Whole Wheat Turkey Wraps Chicken Breast w/Lemon Cream Garbanzo & Tomato Stew Roasted Polenta Cakes Seasonal fresh fruit Salad bar/Soup of the day 10	TX BBQ Pork Ribs Veggie Burger/wheat bun Mashed Potatoes Sauteed Green Beans Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 11	BOXED LUNCHEES EARLY RELEASE 12
AM	Bean & Cheese Tacos Sausage Links PM: Apple Wedges w/Honey	Whole Wheat French Toast Turkey Bacon PM: Chocolate Pudding	Scrambled Eggs Turkey Sausage PM: Flavored Gelatin	Creamy Oatmeal w/Raisins Turkey Bacon PM: Fresh Strawberries	Potatoes & Eggs Sliced Low Sodium Ham PM: Healthy Chex Mix
PM	Pepperoni/ Ham Wheat Pizza Chicken Entomatado Roasted Potatoes Butter Corn Kernels Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 15	Salisbury Steak & Light Gravy Meat Lasagna Sauteed Zucchini Sauteed Green Beans Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 16	Grilled Chicken Pizzaiola Sliced Port w/Raisin Sauce Steamed broccoli Baked Fries Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 17	Roasted BBQ Chicken Legs Shredded Beef Ropa Vieja Roasted Potatoes Butternut Squash Puree Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 18	Cheese Tortellini Baked Red Fish Fillet Brown Rice w/Peas Sauteed Carrots Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 19
AM	Whole Wheat French Toast Caramelized Bananas PM: Chocolate Pudding	Ham & Cheese Quesadilla Breakfast Potatoes PM: Flavored Gelatin	Bacon & Egg Tacos Sausage PM: Vanilla Yogurt w/Banana	Whole Wheat Pancakes Caramelized Bananas PM: Chocolate Pudding	Ham & Cheese Quesadillas Breakfast Potatoes PM: Flavored Gelatin
PM	Turkey & Penne Au Gratin Chicken Fettuccini Alfredo Sauteed Vegetables Cauliflower Rice Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 22	Roasted Chicken Legs BBQ Pork Roast Skin-on Mashed Potatoes Sauteed Spinach Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 23	Chicken Ranchero Carne Asada Tortillas Mexican Rice Refried Beans Seasonal fresh fruit Salad bar/Soup of the day 24	Lean Beef Burgers Rotisserie Chicken Sauteed Corn Kernels Baked Potato Fries Seasonal fresh fruit Salad bar/Soup of the day 25	Sliced Turkey & Gravy Baked Tilapia w/Garlic Butter Rice Pilaf Buttery Corn Kernels Dinner Rolls Seasonal fresh fruit Salad bar/Soup of the day 26
AM		Whole Wheat Pancakes Maple Syrup PM: Fresh Orange Wedges	Ham & Egg Sandwich Turkey Sausage PM: Fruit Cup	Creamy Oatmeal w/Syrup PM: Fresh Orange Wedges	Ham & Cheese Frittata Turkey Sausage
PM	Memorial Day- SCHOOL HOLIDAY 29	Turkey & Spinach Patties Lemon-Pepper Fish Fillet Roasted Potatoes Buttery Corn Kernels Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 30	BBQ Chicken Thighs Shredded Beef Ropa Vieja Roasted Potatoes Buttery Corn Kernels Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 31	Veg & Cheese Pasta Shells Shrimp & Penne al Burro Brown Rice w/Peas Sauteed Carrots Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day June 1	Last Day of School No lunch/ASC June 2

*Highlighted entrée = K3/K4 entrée selections