



## April 2018 Meal Calendar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	*Highlighted items indicate K3 & K4 entrees.	Whole Wheat Pancakes w/Maple Syrup	Ham and Egg Sandwich Turkey Sausage	Bean & Cheese Tacos w/Sausage Links	Breakfast Quesadillas w/Refried Beans & Sliced Ham
PM	<b>Holiday Easter Monday</b>	Fresh Orange Wedges Roasted Chicken Legs BBQ Pork Roast Dinner Rolls Skin on Mashed Potatoes Sauteed Spinach	Fruit Cup Chicken Fajitas Beef Fajitas Whole Wheat Tortillas Mexican Rice Refried Beans	Flavored Jell-O Turkey Dogs Soft Rolls & Fixin's Sliced Pork Loin Mixed Vegetable Medley Creamy Mashed Potatoes	Vanilla Pudding Cheese Ravioli Baked Tilapia w/Lime Cream Dinner Rolls Rice Jardiniere Cheese Spinach Bake
	2	3	4	5	6
	Whole Wheat Pancakes w/Maple Syrup	Bean & Cheese Tacos w/Sausage Links	Whole Wheat French Toast w/Turkey Bacon	Scrambled Eggs w/Turkey Sausage	Creamy Oatmeal w/Raisins Served w/Bacon
	Fresh Orange Wedges	Cheese Cubes	Chocolate Pudding	Flavored Jell-O	Strawberries
PM	Lemon Chicken BBQ Pulled Pork Dinner Rolls Brown Rice Sauteed Green Beans	Salisbury Steak & Light Gravy Meat Lasagna Dinner Rolls Sauteed Zucchini Mexican Calabacitas	Grilled Chicken Pizzaiola Sliced Pork w/Raisin Sauce Rolls or Sliced Bread Baked Fries Steamed Broccoli	Roasted BBQ Chicken Legs Shredded Beef Ropa Vieja Dinner Rolls Roasted Potatoes Sauteed Green Peas	Cheese Tortellini Baked Red Fish Fillet Sliced Bread Brown Rice w/Peas Sauteed Carrots
	9	10	11	12	13
AM	Whole Wheat French Toast w/Bacon	Bacon & Egg Tacos w/Breakfast Potatoes	Whole Wheat Pancaked w/Maple Syrup	Scrambled Eggs w/Turkey Sausage	Biscuits & Gravy w/Sausage
	Whole Grain Cookies	Strawberries	Fresh Sliced Apples	Seedless Grapes	Low Fat Cheese Sticks
PM	Mild Chicken Wings Beef Chili Dinner Rolls Whole Bliss Baked Potatoes Buttery Cauliflower	Chicken Enchiladas Carne Guisada Dinner Rolls Sauteed Spinach Penne Pasta w/Butter	Baked Chicken Tenders Sliced Virginia Ham Mashed Potatoes Sauteed Spinach w/Bacon	Grilled Chicken Quesadilla Carne Guisada Dinner Rolls Cilantro Rice Steamed Cauliflower	Baked Tilapia w/Garlic Butter Sliced Turkey w/Gravy Dinner Rolls Rice Pilaf Buttery Corn Kernels
	16	17	18	19	20
	Breakfast Quesadillas w/Refried Beans & Sliced Ham	Whole Wheat French Toast w/Caramelized Bananas	Ham & Cheese Quesadilla	Bean & Cheese Tacos w/ Sausage Links	Whole Wheat Pancakes w/Maple Syrup
	Vanilla Pudding	Chocolate Pudding	Flavored Jell-o	Vanilla Pudding	Fresh Orange Wedges
PM	Lean Beef Burgers Rotisserie Chicken Sauteed Corn Baked Potato Fries	Turkey Meatballs Marinara Cheese Tortellini Alfredo Garlic Bread Oven Roasted Zucchini Italian Lentil Stew Seasonal Fresh Fruit Soup of t	No-Fry Fish Fingers Chicken a la King Dinner Rolls Steamed White Rice Roasted Carrots	Boneless Pork Chops Chicken & Sausage Paella Dinner Rolls Green Beans Steamed Cauliflower	<b>Holiday Battle of Flowers</b>
	23	24	25	26	27
AM	Creamy Oatmeal w/Raisins Served w/Bacon				
	Strawberries	<b>Available Daily:</b> Seasonal Fresh Fruit, Soup of the Day and Fresh Salad Bar with Lunch			
PM	Smoked Sausage w/Peppers Baked Fish Fillet Fingers Sliced Bread Baked Acorn Squash Sauteed Carrots				
	30				

