



## February 2019 Meal Calendar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Available daily for lunch:				Ham & Egg Sandwich Sausage Links
PM	Seasonal Fresh Fruit Salad Bar Soup of the Day	*Highlighted Items Denote KRP Choice			Assorted Fruit Cups Fish Fillet w/Lemon Pepper Smoked Sausage & Peppers Dinner Rolls Brown Rice Sautéed Green Beans  1
AM	Creamy Oatmeal w/Raisins, Served with Bacon  Chocolate Pudding	Egg Enchiladas w/Cheese Refried Beans  Fresh Strawberries	Potatoes & Eggs w/Low sodium Ham  Healthy Chex Mix	Biscuits & Gravy w/Sausage  Sliced Pineapple	Whole Wheat Pancakes w/Maple Syrup  Banana Pudding
PM	Beef Lasagna Chicken Breast Pizzaiola Tomato Stewed Chick Peas Sautéed Zucchini Dinner Rolls  4	Beef Picadillo Cheese Enchiladas Mexican Rice Refried Beans Flour Tortillas  5	Turkey Dog, Soft Roll & T'Fixin's Roasted Chicken Drumsticks Corn on the Cob Sautéed Spinach  6	Sesame Chicken Beef Ramen Glass Noodles Teriyaki Glazed Carrots  7	Early Release Box Lunches  8
AM	Belgian Waffle w/Warm Ham Roll  Fresh Apple Wedges	Creamy Oatmeal w/Raisins, Served w/Bacon  Fresh Strawberries	Bacon & Egg Burritos  Healthy Chex Mix	Biscuits & Gravy w/Sausage  Sliced Pineapple	Ham & Egg Sandwich Sausage Links  Assorted Fruit Cups
PM	Chicken Parmigiana Cheese Ravioli in Cream Sauce Sautéed Carrots Steamed Broccoli Dinner Rolls  11	Beef Fajitas Chicken Fajitas Charro Beans Brown Rice Jardiniere Corn Tortillas  12	Grilled Ham & Cheese Sandwich Grandma's Meatloaf Sautéed Green Beans Spaghetti Squash Dinner Rolls  13	Stir Fried Chicken & Hoisin Vegetable Chop Suey Ramen Noodles Egg Rolls  14	Bone-in Roasted Chicken Shrimp & Farfalle Pasta Roasted Red Bliss Potatoes Creamy Spinach Dinner Rolls  15
AM		Bacon & Egg Tacos w/ Sausage Patties  Vanilla Pudding	Potatoes & Eggs w/Sliced Low Sodium Ham  Healthy Chex Mix	Ham & Cheese Quesadilla w/Breakfast Potatoes  Flavored Jell-O	Creamy Oatmeal w/Raisins Served w/Bacon  Fresh Strawberries
PM	Presidents Day HOLIDAY  18	Carne Guisada Chicken & Sausage Paella Sautéed Calabacita Buttery Corn Kernels Sliced Whole Wheat Bread  19	BBQ Brisket BBQ Chicken Thighs Mashed Potatoes Sautéed Peas & Carrots Sliced Bread  20	Sweet & Sour Chicken Thighs Vegetable Spring Rolls Braised Greens White Rice Dinner Rolls  21	Mild Chicken Wings Pan Seared Fish Cakes Sautéed Mixed Vegetables Buttery Noodles Dinner Rolls  22
AM	Belgian Waffle w/Warm Ham Roll  Fresh Apple Wedges	Creamy Oatmeal w/Raisins served w/Bacon  Fresh Strawberries	Bacon & Egg Burritos  Healthy Chex Mix	Biscuits & Gravy w/Sausage  Sliced Pineapple	
PM	Italian Turkey Meatballs Chicken Breast al Limone Spaghetti Pasta Cauliflower Rice Dinner Rolls  25	Beef, Cheese & Bean Nachos Pork Tamales Rice w/Corn & Peas Lentil Stew  26	All American Burger Mild Spicy Chicken Wings Collard Greens w/Bacon Corn on the Cob  27	Beef & Vegetable Stir Fry Chicken Lo-Mein Fried Brown Rice Chinese Green Beans Dinner Rolls  28	