



## August 2017 Meal Calendar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM					
PM					
AM					
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PM					
AM	<b>Creamy Oatmeal w/Raisins</b> Bacon PM: Whole Grain Cookies	<b>Bacon &amp; Egg Tacos</b> Breakfast Potatoes PM: Strawberries	<b>Whole Wheat Pancakes w/syrup</b> PM: Fresh Sliced Apples	<b>Scrambled Eggs</b> Turkey Sausage PM: Loosed Seedless Grapes	<b>Biscuits &amp; Gravy</b> Sausage PM: Low fat cheese sticks
PM	<b>Beef Lasagna</b> <b>Sliced Pork Loin</b> Tomato Stewed Chick Peas Sautéed Green Zucchini Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 21	<b>Mild Chicken Wings</b> <b>Beef Chili</b> Whole Bliss Baked Potatoes Buttery Cauliflower Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 22	<b>Chopped Steak w/Gravy</b> <b>Turkey Casserole</b> Sautéed Spinach Penne Pasta with butter Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 23	<b>Roasted Chicken Legs</b> <b>BBQ Pork Roast</b> Skin-on Mashed Potatoes Sautéed Spinach Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 24	<b>Baked Fish Filet</b> <b>Penne Pasta w/Pesto Cream</b> Braised Chard and Bacon Brown Rice w/Peas Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 25
AM	<b>Hard-boiled Eggs</b> Sliced low sodium ham PM: Goldfish Crackers	<b>Biscuits &amp; Gravy</b> Crispy Bacon PM: Low fat cheese sticks	<b>Scrambled Eggs</b> Turkey Sausage PM: Orange segments	<b>Potatoes &amp; Eggs</b> Sliced, low sodium ham PM: Chocolate Pudding	<b>Whole Wheat French Toast</b> Turkey Bacon PM: Chocolate Pudding
PM	<b>Hawaiian Pork Loin</b> <b>Seared Chicken Fingers</b> Mashed Potatoes Sautéed Spinach w/Bacon Seasonal fresh fruit Salad bar/Soup of the day 28	<b>Chopped Beef &amp; Mushrooms</b> <b>Baked Chicken Drumsticks</b> Brown Rice w/Corn Steamed Broccoli Sliced Bread Seasonal fresh fruit Salad bar/Soup of the day 29	<b>Sliced Chicken Thighs</b> <b>Baked Fish w/Lemon Butter</b> Rice Jardiniere Cheese Spinach Bake Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 30	<b>BBQ Chicken Breast</b> <b>Sliced Smoked Brisket</b> Mashed Potatoes Corn on the Cob Dinner rolls Seasonal fresh fruit Salad bar/Soup of the day 31	<b>Early Release- Boxed Lunches</b> Sept. 1