



## December 2017 Meal Calendar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	*Highlighted items indicate K3 & K4 entrees.				Whole Wheat Pancakes With Maple Syrup
PM					Fresh Orange Wedges Baked Fish Filet Fingers Smoked Sausage w/Peppers Brown Rice with Peas Sautéed Carrots Sliced Bread Seasonal Fresh Fruit Salad Bar/Soup of the Day 1
1	Scrambled Eggs with Cheese Turkey Bacon  Flavored Jello	Whole Wheat Pancakes With Maple Syrup  Fresh Orange Wedges	Ham and Egg Sandwich Turkey Sausage  Fruit Cup	Potato and Egg Tacos With Sausage Links  Peeled Apples	Biscuits and Gravy Crispy Bacon  Fresh Grapes
PM	Lean Beef Burgers Rotisserie Chicken Sautéed Corn Kernels Baked Potato Fries Seasonal Fresh Fruit Salad Bar/Soup of the Day 4	Turkey Meatballs Marinara Cheese Tortellini Alfredo Oven Roasted Zucchini Italian Lentil Stew Garlic Bread Seasonal Fresh Fruit Salad Bar/Soup of the Day 5	No-Fry Fish Fingers Chicken a la King Steamed White Rice Roasted Carrots Dinner Rolls Seasonal Fresh Fruit Salad Bar/Soup of the Day 6	Boneless Pork Chops Chicken and Sausage Paella Green Beans Steamed Cauliflower Dinner Rolls Seasonal Fresh Fruit Salad Bar/Soup of the Day 7	Penne Pasta w/Pesto Cream Baked Fish Filet Braised Chard and Bacon Brown Rice w/Peas Seasonal Fresh Fruit Salad Bar/Soup of the Day 8
AM	Breakfast Quesadillas w/Refried Beans and Ham	Creamy Oatmeal w/Raisins and Turkey Sausage Patties	Bean and Cheese Tacos Non Spicy Salsa and Bacon	Potatoes and Eggs w/Sliced Low Sodium Ham	Whole Wheat French Toast w/Bacon
PM	Vanilla Pudding Mild Chicken Wings Beef Chili Whole Bliss Baked Potatoes Buttery Cauliflower Dinner Rolls Seasonal Fresh Fruit Salad Bar/Soup of the Day 11	Sliced Cantaloupe Chopped Steak w/Gravy Turkey Casserole Sautéed Spinach Penne Pasta w/Butter Dinner Rolls Seasonal Fresh Fruit Salad Bar/Soup of the Day 12	Flavored Jello Pepperoni and Ham Whole Wheat Pizza Slow Roasted Chicken (bone-in) Roasted Potatoes Buttery Corn Kernels Dinner Rolls Seasonal Fresh Fruit Salad Bar/Soup of the Day 13	Peeled Apples Texas BBQ Pork Ribs Veggie Burger Mashed Potatoes Sautéed Green Beans Dinner Rolls Seasonal Fresh Fruit Salad Bar/Soup of the Day 14	Pineapple Sticks Seared Chicken Breast Baked Fish w/Lemon Butter Rice Jardiniere Sautéed Spinach Dinner Rolls Seasonal Fresh Fruit Salad Bar/Soup of the Day 15
AM	Biscuits and Gravy w/Sausage  Low Fat Cheese Sticks	Whole Wheat Pancakes w/ Maple Syrup  Fresh Orange Wedges			
PM	Lemon Chicken Breast BBQ Pulled Pork Sautéed Green Beans Brown Rice Dinner rolls Seasonal fresh fruit Salad bar/Soup of the Day No Sauce for KRP 18	Roast Beef and Light Gravy Turkey Lasagna Sautéed Zucchini Steamed Broccoli Dinner Rolls Seasonal fresh fruit Salad bar/Soup of the Day No Lunch for KRP 19	Early Release No Lunch Or After School Care 20	Christmas Holidays 12/21-1/2 Classes Resume 1/3/2018 21	Merry Christmas and Happy New Year!  Commented [KG1]: 22

AM					
P					

205 West Huisache Avenue | [www.stanthonyschool.org](http://www.stanthonyschool.org)  
San Antonio, Texas 78212 | (P) 210-732-8801